

# MONDAY

Kids Kempo (5-7yrs)	4:30pm-5:20pm
Youth Kempo (8-13yrs)	5:30pm-6:20pm
Adult Aikido	6:30pm-7:30pm
Adult Kempo/Jujutsu	7:35pm-8:35pm

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# TUESDAY

Youth Jujutsu	5:00pm-5:45pm
Samurai Sword	6:30pm-7:30pm
Open Mat Time	7:30pm-8:30pm

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# WEDNESDAY

Kids Kempo (5-7yrs)	4:50pm-5:20pm
Youth Kempo (8-13yrs)	5:30pm-6:20pm
Adult Kempo	6:30pm-7:30pm
Adult Aikido	7:35pm-8:35pm

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# THURSDAY

Private Lesson	1:15pm-2:15pm
Private Lesson	2:15pm-3:15pm
Kids Kempo (5-7yrs)	4:30pm-5:20pm
Private Lesson	5:30pm-6:25pm
Adult Aikido	6:30pm-7:30pm
Aiki-Weapons (Sword & Staff)	7:35pm-8:35pm

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# FRIDAY

Private Lesson	9:10am-10:10am
Private Lesson	10:15am-11:15am
Private Lesson	2:00pm-3:00pm
Private Lesson	Evenings By Appt

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# SATURDAY

Samurai Sword	7:55am-8:55am
Adult Aikido	9:00am-10:00am
Adult Kempo/Jujutsu	10:00am-11:00am
Kids Kempo (5-7yrs)	11:00am-11:45am
Youth Kempo (8-13yrs)	11:45am-12:30pm
Cardio Fitness	1:00pm-2:00pm